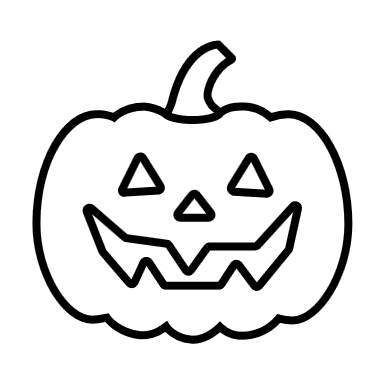
october 2024 

**mm**

**Happy Halloween**

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  |  |
|  |  |  |  |  |
| *Skeleton outline* | 1  10- SCHIZOPHRENA & SCHIZOAFFECTIVE SUPPORT  11-DEPRESSION SUPPORT  12-PROCOVERY  1-  3-RELATIONSHIP RECOVERY | 2  10- TRIVIA  11-THOUGHTS & FEELINGS  12-REFUGE RECOVERY  1-BIPOLAR SUPPORT  2-TX COURT  3-TRAUMA RECOVERY | 3  10-MENS GROUP  11- DBT TOOLS  12-WELLNESS GROUP  1-MOVIE GROUP | 4  10-WEEKLY REFLECTION  11-ART  12-DUAL RECOVERY  1-SOBEROKEE |
|  |  |  |  |  |
| 7  10- WOMENS GROUP  11-ANXIETY & PANIC SUPPORT  12-SMART  1-BUILDING SELF-ESTEEM | 8  10- SCHIZOPHRENA & SCHIZOAFFECTIVE SUPPORT  11-DEPRESSION SUPPORT  12-PROCOVERY  1-  3-RELATIONSHIP RECOVERY | 9  10- TRIVIA  11-THOUGHTS & FEELINGS  12-REFUGE RECOVERY  1-BIPOLAR SUPPORT  2-TX COURT  3-TRAUMA RECOVERY | 10  10-MENS GROUP  11- DBT TOOLS  12-WELLNESS GROUP  1-VETERANS SUPPORT  1-MOVIE GROUP | 11  10-WEEKLY REFLECTIOPN  11-ART  12-DUAL RECOVERY  1-SOBEROKEE |
|  |  |  |  |  |
| 14  9-WRAP  10- WOMENS GROUP  11-ANXIETY & PANIC SUPPORT  12-SMART  1-BUILDING SELF-ESTEEM | 15  10- SCHIZOPHRENA & SCHIZOAFFECTIVE SUPPORT  11-DEPRESSION SUPPORT  12-PROCOVERY  1-  3-RELATIONSHIP RECOVERY | 16  10- TRIVIA  11-THOUGHTS & FEELINGS  12-REFUGE RECOVERY  1-BIPOLAR SUPPORT  2-TX COURT  3-TRAUMA RECOVERY | 17  10-MENS GROUP  11-DBT TOOLS  12-WELLNESS GROUP  1-MOVIE GROUP | 18  10-WEEKLY REFLECTION  11-ART  12-DUAL RECOVERY  1-SOBEROKEE |
| 21  9-WRAP  10- WOMENS GROUP  11-ANXIETY & PANIC SUPPORT  12-SMART  1-BUILDING SELF-ESTEEM | 22  10- SCHIZOPHRENIA & SCHIZOAFFECTIVE SUPPORT  11-DEPRESSION SUPPORT  12-PROCOVERY  1-  3-RELATIONSHIP RECOVERY | 23  10- TRIVIA  11-THOUGHTS & FEELINGS  12-REFUGE RECOVERY  1-BIPOLAR SUPPORT  2-TX COURT  3-TRAUMA RECOVERY | 24  10-MENS GROUP  11-DBT TOOLS  12-WELLNESS GROUP  1-VETERANS SUPPORT  1-MOVIE GROUP | 25  10-WEEKLY REFLECTION  11-ART  12-DUAL RECOVERY  1-SOBEROKEE |
| 28  9-WRAP  10- WOMENS GROUP  11-ANXIETY & PANIC SUPPORT  12-SMART  1-BUILDING SELF-ESTEEM | 29  10- SCHIZOPHRENIA & SCHIZOAFFECTIVE SUPPORT  11-DEPRESSION SUPPORT  12-PROCOVERY  1-  3-RELATIONSHIP RECOVERY | 30  10- TRIVIA  11-THOUGHTS & FEELINGS  12-REFUGE RECOVERY  1-BIPOLAR SUPPORT  2-TX COURT  3-TRAUMA RECOVERY | 31  Halloween Party  9-2:30  Costumes Encouraged! | Happy Halloween! |