



FREE Peer Support Group Sessions



Oakwood Clinical Associates

Kenosha County Public Health and Oakwood Clinical Associates are partnering to provide **FREE** peer support group sessions for individuals with substance use disorders

- Monday's Starting July 8th, 2024.
- 4pm-5pm
- Job Center 8600 Sheridan Rd. Kenosha, WI 53143
- Room N2
- Enter through doors A or B (follow signs)

Benefits:

- Safe and confidential space to share personal experiences
- Feeling of connectedness and reducing loneliness
- Judgement free
- Building social support
- Increasing coping strategies



Peer Support Specialists are professionally certified and have personal experience in recovering from mental health issues and/or substance use and, because of that, are able to walk with you through those challenges, too. Their unique experiences and training allow them to talk about what they've been through in order to provide you with encouragement and hope.

For additional information or questions please call 262-605-6741 or email narcan@kenoshacountywi.gov